



The Lily and the Sparrow

Date : 5/14/2023

Key Scriptures : Matthew 6:25-34

LECTIO DIVINA/ STUDY GUIDE

Reading & Prayer

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life?”

28 “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? 31 So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ 32 For the pagans run after all these things, and your heavenly Father knows that you need them. 33 But seek first his kingdom and his righteousness, and all these things will be given to you as well. 34 Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

start reading. read together the main scripture for this study

reading #1

In reading these verses of scripture, what would you circle, highlight, or underline as important to know or understand? Is there anything you noticed for the first time?

What do you hear or learn from Jesus in these Scriptures?

Is there one word or phrase the Holy Spirit impresses upon you? Meditate on that.

start thinking. ask a thoughtful question

"Oh you of little faith." - Jesus contrasts **worry** with **faith**.

How does worry set itself up against faith?

start sharing. engage it with your story

What specific situation in your life relates? Write down or pray.

What did the Holy Spirit speak to you personally about during the sermon? Was there anything that caught your attention, challenged you, or confused you?

Do you have specific areas of life where *worry* is the predominate feeling, instead of faith/hope?

How can you take time to be with God in the reality of worry, so *that* He can transform your reality.

Read Hebrews 11:1 "Now **faith** is the **reality** (ὑπόστασις - hupostasis, *reality, substance, certainty*) of what is hoped for, the proof of what is not seen."

start practicing. commit to a next step and live it out this week

start praying. be bold and pray with power

prayer requests: